# Chapter 1

### Introduction

### 1.1 Background

It has been found in different empirical studies that a large proportion of the rural population in India, cutting across income classes, depend on unqualified medical practitioners who have very little or doubtful technical knowledge to back their treatment practice. For genuine reason, serious concerns have been raised from time to time by different quarters about the quality and harmful side of the services rendered by the vast number of unqualified medical practitioners (or quacks or rural health care providers). It is said that the harmful side of their practices are many: improper or scientifically wrong treatment, complication of patients' medical conditions of patients due to no/delay referral to hospital/qualified doctor, development of anti-biotic resistance in the community due to improper dosage of drugs, non-following of certain preventive measures (such as safe injection practices, use of sterilised medical equipments etc) to avoid spreading of communicable diseases etc. However, their easily accessible service, close contacts with the community, availability in the time of need and cheap price have made them popular in the rural areas where public or formal health care providers are inadequate. This probably makes the policy makers and research community to rethink about the role of the rural health care providers in the health care system, instead of completely throwing them out. Given the easy accessibility and popularity of the RHCPs, the initiative of 'training programme of rural health care providers', by the Lever Foundation (West Bengal, India) in select blocks of West Bengal is an attempt to explore the possibility if some of health-related goals of the society can be attained by providing appropriate training to the RHCPs.

### 1.2 Rural Health Care Providers (RHCPs)

RHCPs (which is used as an alternative to the term quacks or rural unqualified medical practitioners) consists of self-employed informally trained health care providers who come mostly from the stock of educated unemployed youth in the rural areas. Available studies on choice health care providers by economic classes in the Indian context have

found that RHCPs are widely utilised not only by the poor but also by the rich. The baseline survey conducted by the Liver Foundation has found that 41% of the RHCPs have completed higher secondary education and another 45% completed degree. These RHCPs try to immolate the practice (the prescriptions) of the practising qualified doctors. But the lack of scientific medical knowledge and approach on their part coupled with their earning motive obviously raise questions about the merits of the health care services that they provide.

# 1.3 RHCP Training Programme and its objectives

As stated in the document prepared by the Liver Foundation, the basic objective of the training programme is to convert a clan of "Self proclaimed, unqualified doctors" to a clan of enriched health care workers through educational, social and cultural inputs in order to reduce harm and increase benefits of the services rendered by them. The training programme has multiple objectives which can roughly be classified as (1) short-term objectives; and (2) long-term objectives. The short-term objectives are (a) prevention of emergency deaths in the community; reduce under-5 mortality; and (c) strengthen maternal care. The long-term objectives are (a) establish a referral network in locality; (b) enriched clan of health worker from within for public health programs; and (c) Ensure social/community accountability, monitor and regulate the activities of the RHCPs.

Trainees were selected on the basis of following criteria: (a) education 10<sup>th</sup> standard or above; (b) securing at least 50 marks in the screening test which was combination of a written exam and an oral interview. Attempt was also made to select 20% of the trainees from socially backward classes and from among women. The training programme which consists of both theoretical and clinical classes lasts for 10 months to one year and split into three stages: preparatory, enrichment and consolidation.

# Completed and ongoing activities

Till the training session of 2010-11, a total of 1437 RHCPs appeared for the test of the training programme, out of which 815 RHCPs were selected for the training and 689 RHCPs completed the training programme successfully implying a 15% drop-out rate.

Table 1.1: RHCPs targeted and covered by the training programme (2007-2011)

year of	name of		no of RHCP			
			appeared	selected for	admission	completed
training	district (State) <sup>1</sup>	name of block	for test	training <sup>2</sup>	for training	training <sup>3</sup>
			72	50	50	42
2007-		Rajnagar		(69)		(84)
2008	Birbhum (WB)		67	50	50	43
		Suri I		(75)		(86)
2008- 2009 2009- 2010		Khoyrasole	58	50	50	37
		(part)		(86)		(74)
	Birbhum (WB)		78	50	50	40
		Md Bazar (part)		(64)		(80)
			75	40	40	29
	Dumka (JHA)	Mosliya		(53)		(73)
			126	50	50	46
	Nadia (WB)	Nakashipara		(40)		(82)
			75	50	50	45
		Dubrajpur		(67)		(90)
		Khoyrasole			50	
	Birbhum (WB)	(part) & Md	64	50		45
		Bazar (part)		(78)		(90)
			72	40	40	38
	Dumka (JHA)	Raniswar		(56)		(95)
			72	40	40	35
	Nadia (WB)	Chapra		(56)		(88)
			128	56	56	40
	Purulia (WB)	Arsha		(44)		(71)
	S 24-Pargonas		84	50	50	48
	(WB)	Patharpratima		(60)		(96)
		Dubrajpur				50
		(part)	74	60	60	(83)
		Mayureswary II		(81)		
		(part)				
	Birbhum (WB)		66	50	50	35
		Mayureswar I		(76)		(70)
			68	38	38	31
	Dumka (JHA)	Shikaripara		(56)		(82)
				51		50
	Murshidabad		188	(27)	51	(98)
	(WB)	Nabagram				
2010-				40		35
2011			70	(57)	40	(88)
	Purulia (WB)	Purulia-2				
			1437	815	815	689
	Total  Note: 1: WR West Rangel (state) IHA Ibarkh			(57)		(85)

Note: 1: WB- West Bengal (state), JHA- Jharkhand (state); 2: figures in the parentheses show number of RHCPs selected for the training programme as a percentage of number of RHCPs who appeared for the entrant test; 3: Figures in the parentheses show number of RHCPs who successfully completed the training programme as a percentage of number of RHCPs

Source: Documents provided by the Liver Foundation, West Bengal.

The districts which have been covered by the training programme (till 2010-11) are Birbhum, Purulia, Nadia, South 24 Parganas and Murshidabad in West Bengal and Dumka in Jharkhand. Table 1.1 presents a block-wise list of RHCP training coverage. The geographical locations of the states, districts and blocks covered by the training programme are shown in Maps 1-5.

## 1.4 Objectives of the Evaluation Study and Its Design

Generally evaluation of an intervention focuses on to what extent the intervention has been successful in achieving its stated objectives. However, for good reasons the scope of evaluation should go beyond assessing the fulfilment of the stated objectives and should highlight some aspects of the intervention which are useful to those who are sponsoring the intervention and to those who are implementing the intervention. Ideally an evaluation in our context needs to focus on the following five dimensions of the training programme: (1) evaluation of the need for the training programme; (2) evaluation of the conceptualisation of the training programme, its design and structure; (3) evaluation of the implementation/operation of the training programme; (4) evaluation of the training programme's outcome or impact; and (5) evaluation of the efficiency and cost-effectiveness of the training programme. Given the nature of the training programme, time and resource constraint, we may focus on dimensions (2), (3) and (4).

### 1.5 Organisation of the Report

The remaining chapters of this report are organized in the following way: Chapter 2 describes the methodology of sample selection followed by this evaluation study. Chapter 3 presents a detailed description as well as the analysis of the current state of affairs with regard to the rural health care providers (RHCPs) based on secondary literature and analysis of the baseline survey. It analyses the very important question whether RHCPs genuinely need any training for improving their practices. Chapter 4 analyses how well the training has been carried out mostly based on data from the RHCPs who have gone through the training programme as well as based on an analysis of the training syllabus. Chapter 5 attempts to documents the failures and successes of the training programme by comparing the experimental and control groups before and after the training programme.

Chapter 6 examines to what extent the training programme has been successful in improving the knowledge and practices of the RHCPs and their users with regard to liver diseases and hepatitis B. Chapter 7 concludes the report and recommends important points which the trainer organization may consider incorporating while designing the next training programme or any similar event.









